Year 6 Jerseys - Thanks
The Year 6 students have been given a special Year 6 jersey that celebrates the student’s final year of school. These have been donated by Kate and Bob Lund as a gift to the students.

Student Lunches
Meadow Flat Public School is always making sure that the students are safe while at school. The staff have assessed the risks involved in having lunches heated with the microwave or hot boiling water unit. The students will no longer be able to heat their lunches in the staff microwave oven or have access to the boiling water unit. If parents want warm lunches for their children then special thermal lunch containers with pre-heated items will need to be used to send lunch items to school.

Year 6 Fundraiser
The Year 6 students are encouraging the students to wear to school mufti clothes as a part of their fundraising for 2012. They will charge a gold coin. Clothes need to be appropriate to the weather and closed in shoes must be worn.

Head lice
Please be on the lookout for head lice as there have been cases reported in recent times from students in both classrooms. Students with long hair need to ensure that their hair is tied back. There is an interesting article attached to this newsletter.

Learning Sight Words
A presentation of words has been uploaded to the Meadow Flat Public School YouTube channel. There are 300 basic words to learn that forms a lot of what the students need to know to read. This is especially essential to students from Kindergarten to Year 4. The version online is spaced at 1.5 seconds per word and 3 seconds. Please let me know if you would like a slower version. Also, if you do not have access to YouTube Mr Wood can also burn copies to a DVD – please let the office know.


P and C News

Annual General Meeting Results
Congratulations to the following parents who were elected as your Executive representatives and to Coordinator positions on the Meadow Flat Public School P and C.

Executives
- President – Sarah Martin
- Vice Presidents – Jason McManus and Kathy Kubbere
- Secretary – Jaye Shean
- Treasurer - Browyn Chadwick-Cocks

Coordinators
- Fundraising – Sue-ellen Mays
- Canteen – Angela Masters
- Uniforms – Lucy Madden

The positions of Costume Coordinator and Regional P and C representatives remain unfilled. These will be sorted out at the next meeting.
Meeting Dates
The remaining P and C meeting dates for the year are Mondays at 4.30pm in the school library:
- 30th May 2012
- 4th June 2012
- 4th August 2012
- 3rd September 2012
- 15th October 2012
- 19th November 2012
- 18th February 2013
The next Annual General Meeting will be held on 18th March 2013.

Uniform Items
There are x2 size 6 black jackets available at the P and C uniform cupboard. These are the last ones to be available from the P and C. The cost is $26 each. Please order these on the uniform order sheet with the correct amount attached.

Now is the time to make sure you have the correct uniform sizes for the cooler months. Order these items early to ensure you get them in time.

P and C Pie Orders
Each family will receive an order for the annual P and C pie drive. Orders will be due back next term on Thursday 24th May 2012.

2012 Stewart House Drive
The school has received a small number of raffle envelopes for the 2012 Stewart House Donation Drive. The winner will be a $4000 family holiday. These have been sent home with families where a student showed a keenness to buy a ticket. If you would like to purchase a ticket and did not get an envelope could you please send it to the school in a clearly marked envelope with $2.

This raffle supports 1800 children from NSW public schools. Envelopes are due back at school by Friday 11th May 2012.

Australian Fossil and Mineral Museum
April 2012 Holiday Activities
BOOKINGS ESSENTIAL on 63315511
WORKSHOPS 6 –12 years $12
Thursday 19 April 2012 11am - 12 noon Good Vibrations Science of Sound workshop
Friday 20 April 2012 11am—12 noon. Make a Fossil workshop.
TORCHLIGHT TOUR
Thursday 19 April 2012  7pm and 8:15pm $10 adult, $8 concession, $5 child, $25 family
Take a torchlight tour of the Museum.

Dates for Students
Term 1 2012 - April
Thursday 5th – Mini feast and Easter Hat Parade
Thursday 5th – Last day of term
Term 2 2012 – April
Monday 23rd – Staff return
Tuesday 24th – Students return
Wednesday 25th – ANZAC Day Public Holiday
Term 2 2012 – May
Wednesday 2nd – Life Education Van
Friday 4th – Triangle Sports
Tuesday 15th – NAPLAN
Wednesday 16th – NAPLAN
Thursday 17th – NAPLAN
Friday 18th – NAPLAN (catch up day)
Monday 21st to Wednesday 23rd – Stage 3 Canberra Excursion
Thursday 24th – High Jump 1pm
Friday 25th – Pie Drive due
Tuesday 29th – CWA Public Speaking
Wednesday 30th – iLearn and iExplore – Year 6 transition to High School
Thursday 31st – Small Schools Athletics K-6
Term 2 2012 – June
Friday 1st – Pie Drive – pick up 11am
Thursday 7th – Small Schools athletics carnival backup date
Friday 8th – Relay
Monday 11th – Queen’s Birthday Public Holiday
Thursday 14th and Friday 15th – Stage 2 Sydney excursion
Friday 29th – Last Day of Term 2
Term 3 2012 – July
Tuesday 17th – Students Return for term 3
**Mini-feast**
I will be bringing or sending to the mini-feast the following items to share with the students and visitors:

- _____ a main
  Details: ____________________________
- _____ a dessert
  Details: ____________________________

My name: ___________________________

Return this to the office by Wednesday 4th April 2012.

**Transporting to Triangle Sports**
On Friday 4th May 2012 all student will be going to compete in the Triangle Sports day. This will be held in Oberon. Separate permission notes to follow. Transport is as organised by parents.

- _____ Tick here if you need assistance with transport arrangements
- _____ Tick here if you are able to assist. If so details of available seatbelts and booster seats** See below.

________________________________________
________________________________________

Return this slip if you can help, or need assistance by Thursday 26th April 2012.

**RTA Booster Seat Requirements**
For school aged children:

- Children aged four years to under seven years must be secured in forward facing child restraint or booster seat.
- Children aged four years to under seven years cannot travel in the front seat of a vehicle with two or more rows, unless all other back seats are occupied by children younger than seven years in a child restraint or booster seat.
NITS problem is an itch we really must scratch

On Saturday mornings mothers and daughters are lined up outside the door of the No More Nitz salon in Parramatta. They’re not there for a good blow dry but for relief from the bloodsucking insects that have colonised their scalps.

Scientists say a new breed of “resistant” super-llice has emerged that is impervious to traditional treatments.

But a lax attitude from preschools and schools towards lice outbreaks has contributed, with estimates that more than 50 per cent of primary school children are infected.

Even at Sam on Monday this week, the vast No More Nitz salon was busy performing its two-hour lice eradication treatments, after a wet, humid summer which has pushed the extent of Australia’s lice plague to record levels.

Emma Fielden had tried every treatment on her stepdaughter Alana’s itchy head. But when the eight-year-old woke up miserable on Monday morning she rushed her to the salon.

“I run my own business and Alana needs to be at school. But we’ve tried everything else,” Fielden said.

To her dismay, Fielden found that she too had a mild case of nits, an all-too common experience for mothers, according to salon owner Jennifer Holt-Alexander.

“We’re the nurseries. We hug our kids and the lice jump on our hair,” she said.

Business has tripled since October, said Holt-Alexander, who opened her doors three years ago after becoming frustrated at her own children’s recurring lice problems.

She said in some of the worst cases: “It makes children so irritable they’re not sleeping.

“Sometimes they won’t even talk or smile. Parents just get to the point where they don’t know what to do.”

She has seen infestations so severe the child had open sores on the scalp, and hair so matted it can’t be combed. One little girl had a “hole” in her scalp where lice had built a nest with thousands of eggs.

The problem is that, with lice laying as many as six eggs a day, a little itch can become a big headache fast, and most people don’t have the $400 it can cost for professional eradication.

Frustrated parents across Sydney swap tips on treatments resistant to olive oil and vinegar, or putting hats and brushes in the freezer.

Holt-Alexander has seen parents so desperate they have turned to dangerous treatments such as kerosene and flea powders, which cause serious side effects in humans.

Plain white conditioner and a fine-toothed metal comb and vigilance are the best options, a laborious process, especially with a reluctant child.

But nothing seems to work for long. As soon as you treat your child she or he comes home with a new crop of nits.

Some parents, and some schools just don’t seem to care about nits any more.

The attitude seems to be: If you can’t beat them join them.

Parents just get to the point where they don’t know what to do.

Once “nit nurses” used regularly to descend on schools to check students’ scalps for nits (lice eggs) with a fine toothed comb, and treat them on the spot. Today that’s deemed to be too intrusive.

Where once it was routine for a lice-infested child to be excluded from school until the problem was dealt with, now NSW schools simply send home notes to parents informing them of an outbreak, if they do anything at all.

After her five-year-old came home from school for the 12th time with lice in her hair, 15 months ago, one fed up mother forced Clargate Primary School in St Clair to pay the $234.95 cost of treatment at No More Nitz. But for the most part schools maintain it is the parents’ job to get rid of lice and have washed their hands of responsibility.

Holt-Alexander has launched a one-woman campaign against lice, sending a petition to Canberra last year calling for Commonwealth funding of a mobile lice program and Medicare subsidies for treatment.

Her attempts have so far been unsuccessful.

But with record infestations and no end in sight, the lice plague has become a national public health concern, which ought to be treated seriously.

Lice can never be totally eradicated but mandatory lice checks, children sent home to be treated, long hair tied in braids, subsidised treatments for those who can’t afford it, would keep them at bay.

Then there is stigma. In an age of tolerance it is a dirty word, and no one wants children to feel ashamed.

But a little social pressure on slack parents can go a long way.
Entry Criteria:
- All work must be original and created in 2012 in the Central Tablelands Region.
- The work must be created using photographic equipment. This could be digital, film, or analogue, etc.
- Entries are to be accompanied by the entry form below.
- Each work is to be titled, 10 words maximum. Attach the title form to back of your entry.
- File size is to be a minimum of 2200 pixels by 3300 pixels at 72 DPI or
  A4 size (210mm x 297mm) at 300 DPI.
- File format is to be .jpg, .jpeg or .tif.
- Maximum of three entries per person.
- Work may be framed.

Other Information:
- Entries are to arrive at Digital Prints & Images 127 George Street
  Bathurst by 1pm Saturday 12th of May 2012, email entries also close at
  this time.
- Announcement of winners, awards and prize giving will take place at
  Digital Prints & Images at 1:30 pm on Saturday 26th May 2012.
- Categories:
<table>
<thead>
<tr>
<th>Year</th>
<th>Prize $</th>
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<tbody>
<tr>
<td>K-2</td>
<td>First prize $30  Second prize $20</td>
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<tr>
<td>3-6</td>
<td>First prize $40  Second prize $20</td>
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<tr>
<td>7-9</td>
<td>First prize $50  Second prize $25</td>
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<tr>
<td>10-12</td>
<td>First prize $100 Second prize $50</td>
</tr>
<tr>
<td>OPEN</td>
<td>First prize $100 Second prize $50</td>
</tr>
</tbody>
</table>
- All entries will be taken to safeguard entries however the organizers
take no responsibility for damage or loss of work.
- The promoter would be pleased to retain entries for possible further
display or use (with due recognition).
- In submitting your photos you are agreeing that Greening Bathurst
can use the images in publications and promotions and that we can
publish the image with your name attached.
*OPEN Category refers to all people above school age.

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Treesnaps Photography Competition 2012 Entry Form
(please attach to back of your entry)

Name: ..................................................................................
School (if applicable): ...........................................................
Address: .............................................................................

Title: ..................................................................................
Your Story (up to 50 words max on "why I snapped this tree"): ..........................................................

Phone: ..............................................................................
Email: ..............................................................................

Category (please tick)
- K 2
- 3 - 6
- 7 - 9
- 10 - 12
- OPEN

---

Grab your camera and turn the lens towards your favourite tree

Categories: Year Prize $
K - 2 First prize $30 Second prize $20
3 - 6 First prize $40 Second prize $20
7 - 9 First prize $50 Second prize $25
10 - 12 First prize $100 Second prize $50
OPEN First prize $100 Second prize $50

There will also be an overall winner for:
Most creative approach: Prize $100

All placed competitors will receive a print voucher from Digital Prints and Images.

Send us your entry via email:
info@greeningbathurst.org.au

or drop into:
Digital Prints and Images
127 George Street, Bathurst

Entries close on Saturday the 12th May
Please turn over for entry form and entry criteria
Hi Parents & welcome to our first P & C Fundraiser for the year. One of our targets for raising funds this year is to partially enclose the COLA area so the kids have a warmer, all weather area to play, so we need to raise a considerable amount of money.

The Meadow Flat P & C have been asked to cater for a Car Rally in the Sunny Corner Forest on Saturday the 21st of April. We are cooking Breke & lunch – all BBQ’ed and are providing Tea, Coffee, cakes & slices for the competitors, their crew & onlookers.

We need help on the BBQ & serving food from 6am until 3pm.

Please indicate if you can help with this & at what time.

6 – 8am  ________
8 – 10am  ________
10 – 12am  ________
12 – 3pm  ________

We also need offers of Cakes  ________ (Indicate how many it will serve)
Slices  ________
Biscuits  ________
Muffins  ________

If you can’t help out maybe you could supply some items for others to cook:
Flour  ________
Sugar  ________
Eggs  ________

As this fundraiser is in the School Holidays, we need to get this form back to School by Wednesday, hopefully completed so that we know what help is available. Please put your contact details on the form so we can arrange pick up of any food you can offer if you can’t make it on the day.

NAMES:  ____________________________

CONTACT NUMBER:  ____________________________

If you are unable to help at all, please indicate here, so we know not to phone you for a response.

Thanks.  Sarah Martin, President P & C.
MEADOW FLAT PUBLIC SCHOOL
Parents & Citizens Association

Meadow Flat Public School is holding a pie drive fundraiser in conjunction with Roberts Bakery Orange. If you would like to order anything, please fill in the order form below and return your order and money to Meadow Flat Public School by Thursday May 24th. The pies will be available for collection from the school after lunch on Friday June 1st. Cheques must be made payable to Meadow Flat P&C Association.

If you have any queries please contact Jaye Shean on (02) 6337 5217

THANK YOU 😊

for supporting the students of Meadow Flat Public School, your generosity is greatly appreciated.

Name: ___________________________  Contact Number: __________________

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