Western NSW Region Athletics Carnival Results

We congratulate all of the students who attended the Western NSW Region PSSA athletics Carnival. A number of students were successful in qualifying to compete at the State Championship carnival at the State Athletics Centre, Homebush on 17th and 18th October 2012.

Congratulations to our relay team members who came 2nd in the small schools relay. These members are Lachlan, Samuel, Damian and Madeline.

Swimming

Please send to school a set of swimming goggles so that the students can get the most out of the swimming program. If you wish to purchase a pair please send to school $10 and they will be purchased on the day at the pool. Change will be sent home afterwards.

Talent Quest

There is not too long left to nominate your items for the 2012 Meadow Flat Public School Talent Quest. It is being held on the last day of this term. Individual and group entries are encouraged from all students. The items need to be entertaining pieces that show the student’s talent.

Council Elections this Saturday

This Saturday the school library will be used as an official Polling Place for the Lithgow Council Elections. The closest place to Meadow Flat is the Lithgow Council Elections. There is no absentee voting at local council elections. Pre polling is being held at:

Lithgow Council

Union Theatre

63 Bridge Street

Bathurst Council

Bathurst Region Returning Officer's Office

126 Bentinck Street

Bathurst Regional Council Elections

Bathurst High School
Bathurst Public School
Bathurst South Public School
Bathurst West Public School
Catholic Parish Centre Bathurst
Daffodil Cottage, Bathurst Health Service
Eglinton Public School
Hill End Public School
Kelso Public School
O’Connell Public School
Perthville Public School

A congratulation also goes to Samuel who came 1st in the 100m race.
Staying safe online

Cybersmart is an education program for parents and children of all ages. It features tips on mobile phone and online safety, resources to use with your child, and games and videos that support key cybersafety messages.

Go to: http://www.cybersmart.gov.au/

Avoiding injuries from school bags and computers

Have you ever wondered if your child may be suffering physically from using a computer for schoolwork? Or if carrying their school bag may be causing them pain? Go to:


What to expect in high school

The transition from primary to high school often creates in kids a mix of anxiety and excitement. Two videos feature Year 7 students giving great tips about life in high school - making friends, trying out new things, and getting organised and planning assignments and study. Informative and fun. Go to:


Teenager life skills

An online game designed to help your teenager learn and improve life skills, such as communication, problem-solving and optimistic thinking, uses real life scenarios, and is free and confidential. Topics also include depression, independence and body image. Go to: ReachOutCentral.com.au

Tax and super essentials

Tax, Super + You is an online resource that uses interactive videos, quizzes and forums to help students learn essential financial skills, such as applying for a tax file number, lodging tax returns and understanding super. The site also explains why tax is collected and where it goes. Go to: www.taxsuperandyou.gov.au

School Photos

The students will be having their school photos on Monday 5th November 2012. Notes and payment envelopes will be provided when they arrive.

Woolworths and Coles Tokens

Thank you to the families and friends of Meadow Flat Public School who sent in the following amounts from the recent schools programs:

Woolworths – 92 850 individual stickers
Coles – 12 760 tokens

Homework help newsletter

You can now easily subscribe to updates from the award-winning website for parents, School A to Z. Each term you’ll receive newsletters with the latest information to help you manage your child’s homework and study, health, development and technology use. Go to:

http://www.schoolatoz.nsw.edu.au/about/subscribe
Help Needed this Friday

**Karoo bull sale**
Name:.................................
Telephone:.........................
Help on day:..........................
Cakes:................................
Slices:..............................
Biscuits:............................
Other:............................... 
Flour ______
Sugar ______
Eggs ______
Other:..............................

**Dates**

**September**
Friday 7th – Karoo Bull Sale (P & C Catering)
Wednesday 5th – Swimming, tennis, library van
Friday 7th – Bathurst Small Schools Girls Soccer
Wednesday 12th – Swimming and tennis
Monday 17th – Bathurst Eisteddfod 9.30 and 11.00 am
Wednesday 19th – Swimming and Tennis
Wednesday 19th - Bathurst Eisteddfod 11.00am and 12 noon
Friday 21st – Mini-feast and talent quest
Friday 21st – Last Day of term
Term 4 2012

**October**
Wednesday 10th – Swimming

Thursday 11th – Kinder 2013 Transition 9am to 11am
Monday 15th – P and C Meeting
Wednesday 17th – Swimming and library van
Thursday 18th – Kinder 2013 9.00 to 12.00 noon
Tuesday 23rd - Swimming
Thursday 25th – Kinder 2013 Transition 9.00 to 1.00pm
Tuesday 30th – Swimming
Wednesday 31st - iLearn

**November**
Thursday 1st – Kinder 2013 Transition Full Day and Parent Meeting (1.30)
Monday 5th – School photos
Friday 9th – Small Schools Gala Day – Yrs 3 to 6
Monday 19th – P and C meeting
Wednesday 28th – Library van (returns only)
Friday 30th – End of Year Concert 6pm

**December**
Thursday 13th – End of Year Picnic Day
Wednesday 19th – Last Day for students
Thursday 20th – Staff Development Day
Friday 21st – Staff Development Day

**2013**

**January**
Tuesday 29th – Staff Development Day
Wednesday 30th – Students return

**Lego building competition**
The Perthville Neighbourhood Group is having a Lego Competition at the Perthville Village Fair on Saturday 15th September 2012.
- Lego is provided
- Register on the day
- Lots of prizes
- 10.30 am to 2.00 pm

Other activities include jumping castle, helicopter rides, music, bbq, plants, stalls, sulky rides.
Contact Pat and John Trollor on 02 63372827 jtroller@pigpond.net.au.

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3